

Safety Tips for Internet Use

If you are using a computer or smartphone to learn more about child and youth rights (including legal rights), your searches and browsing history can be monitored by others. If this worries you, here are some tips you can use to help you surf the Internet safely.

Use A Device that belongs to someone else

The safest way to learn child and youth rights and ways to get help is by using someone else's computer or phone. You could use one from a public place, or from a trusted friend or family member. This would lower the chance that unwanted people would find out about your interest in finding resources and help.

Delete Search History

If you search for information using Google, Yahoo, Bing or other search engines, these services learn your search habits and will make suggestions based on your prior searches. Someone using the same computer may be able to tell what type of information you have been looking at. Clear your search history often at [Google](#), [Yahoo](#) and [Bing](#).

Delete Browsing History

The web sites you visit are tracked by your browser, as well, unless you manually turn off the tracking or you clear your browsing history; learn how to turn off the tracking or clear your browsing history at [Chrome](#), [Safari](#), [Internet Explorer](#), [Firefox](#) and [Toolbar](#).

Delete Cookies

Most web sites leave "cookies" on your computer, small files that holding small amounts of data that help tailor the use of a web site during future visits. For example, they might automatically fill in fields to save you time. Here you can learn [how to delete cookies](#) on your computer.

"Quick Exit" Button

If you are using personal devices to surf the Internet for information, clicking on a "Quick Exit" button, often found in the upper right hand corner of web pages, will redirect you to a random website such as google.com, in case someone surprises you and you don't want them to see what you're viewing.

Keep Your Smartphone Safe

Your smartphone is essentially the same thing as your computer. This article contains excellent ideas that prevent others from accessing information on your smartphone. You should also delete browsing history, cookies and search history from your phone.

Keep Your Email and Social Networking Accounts Safe

There is a lot of excellent advice online to help you manage your [email activity](#) and accounts, as well as your [social media activities](#), and improve your personal security.